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The Complete Guide to Essential Oils

The Bergamot tree is a cross breeding between the lemon tree and orange tree. This sweet smelling oil is bursting with a powerhouse of benefits. This essential oil has a unique fruity and spicy aroma. Bergamot essential oil has antibacterial, antiseptic, analgesic, antispasmodic and soothing effects.

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Please consult a doctor or herbalist for proper application of oils. The perfumery note of an oil refers to the rate at which the oil evaporates.

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Complete Guide to Using Essential Oils Natrogix

Essential oils are not a new invention. They have been used for centuries as a healing device and a way to bring peace to both the body and the mind. We have a lot to thank essential oils for. However, you can't enjoy these benefits unless you turn to essential oils to help fight infection and boost your immunity.

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Complete Guide To Essential Oils And Aromatherapy Skill

This is a COMPLETE GUIDE to everything you have ever wanted to know about Essential Oils & Aromatherapy. Aromatherapy is a new form of alternative medicine. It uses a variety of natural essential oils to heal and better a person's overall well-being and health.

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This is a COMPLETE GUIDE to everything you have ever wanted to know about Essential Oils & Aromatherapy. Aromatherapy is a new form of alternative medicine.

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This is a guide to essential oils that are used in aromatherapy, their properties and ailments that they can treat. Some essential oils present specific

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Complete Beginners Guide to Using Essential Oils

What are essential oils and how do they work? Essential oils are a natural remedy that go back as far as Ancient Egypt, where people used the scents of

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